# Older Driver Safety

## Facebook, X, Instagram

When posting to X and Instagram, consider adding #OlderDrivers to the below posts to better track posts related to this topic.

**For Older Drivers**

1. Getting older doesn’t mean it’s time to hang up the keys 🔑! But staying safe behind the wheel 🚗 does mean monitoring changes in overall health to drive safely and comfortably. Learn how medical conditions can impact functional ability and safe driving: NHTSA.gov/OlderDrivers

**For Family and Caregivers**

1. From teenagers to older adults, the keys 🔑 to the car are the keys to freedom. That’s why it can be important to have a conversation with an aging adult about their safety behind the wheel 🚗. Read more about understanding older driver safety: www.nhtsa.gov/older-drivers/how-understand-and-influence-older-drivers
2. Planning for the future and safety go hand-in-hand when laying groundwork with an older driver. Take these steps to make conversations easier:

✔️ Collect information.

✔️ Make a plan.

✔️ Follow through on the plan.

Get more details at NHTSA.gov/OlderDrivers

1. Showing empathy and compassion 🫶 to an older driver can help caregivers and family members navigate age-related changes. Remember: It is a person’s driving performance, not age, that determines fitness to drive. Learn more: NHTSA.gov/OlderDrivers
2. Planning for the road ahead. Talk to your older loved ones about adjusting their driving habits to continue driving safely 🚗. NHTSA offers free resources for families and caregivers at NHTSA.gov/OlderDrivers.